

# TRAINING *Ohashiatsu*

MARCH 21 TO 24, 2019

In partnership with



Zen Shiatsu Do  
ÉCOLE & FORMATION

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# TRAINING Ohashiatsu

MARCH 21 TO 24, 2019

BEGINNERS AND  
HEALTH PROFESSIONALS  
ARE EXPECTED !



Ohashiatsu® for

## PREGNANT WOMEN

Come learn the most effective Shiatsu techniques to accompany pregnant women for a healthy grossess ! Diagnoses, positions, stretches and specific techniques for pregnant women will be taught to you by Master Ohashi

**March 21 and 22, 2019**  
from 10 am to 17 pm



Ohashiatsu® for

## LOWER BACK PAIN

Come and learn the most effective Shiatsu techniques for treating and relieving low back pain in your patients ! Diagnoses, positions, stretching, scarf work or tendino-muscular sedation\* will be taught by Master Ohashi.

**March 23 and 24, 2019**  
from 10 am to 17 pm

\* only for health professionals

Tarifs 295 € SINGLE WORKSHOP  
(two-day workshop)

Special Offer \*

\* if registered before **January 10, 2019**

**390 € FULL TRAINING**  
(the two two-day workshops)  
save 200 €

**Training place:** Room Maurice Chevalier, 2 rue de Mondelange, 57360 Amnéville

Program and registration on  
[ZenShiatsuDo.fr/ohashi2019](http://ZenShiatsuDo.fr/ohashi2019)

Contacts and additional information

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